

## **INFORMED CONSENT TO NATUROPATHIC TREATMENT**

Naturopathic medicine is the treatment and prevention of diseases by natural means. Naturopathic Doctors assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity. Your naturopathic doctor will take a thorough health history, perform a screening physical examination, and take blood and urine samples, when necessary. If your case requires, the physical may include more specific examinations such as rectal, prostate or external genital exams, with your consent.

It is very important that you inform your naturopathic doctor immediately of any disease process that you are suffering from and any medications/over the counter drugs that you are currently taking. Please advise your naturopathic doctor immediately if you are pregnant, suspect you are pregnant or if you are breast-feeding.

As a patient you will receive information about your diagnosis and/or treatment, alternative courses of action, the material effects, costs, expected benefits, risks, side effects and in each case the consequences of not having the diagnosis and/or treatment acted upon.

There are some slight health risks associated with treatment by naturopathic medicine. These include but are not limited to:

- Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. When this occurs the duration is usually short.
- Some patients experience allergic reactions to certain supplements and herbs. Please advise your naturopathic doctor of any allergies you may have.
- Pain, bruising or injury from venipuncture (taking blood for tests) or acupuncture.
- Fainting or puncturing of an organ with acupuncture needles.
- Muscle strains and sprains, disc injuries from spinal manipulation.
- There is a very small potential for stroke is a concern in neck manipulation. Patients are screened prior to manipulating the neck for potential contraindications.
- The staff are trained to handle emergencies should the need arise.

### **I understand:**

- The clinic does not guarantee treatment results.
- That my naturopathic doctor will explain to me the exact nature of any treatment provided and will answer any questions I may have.
- I am free to withdraw my consent and to discontinue treatment at any time.
- That costs beyond what is included in the naturopathic visit fee will be explained prior to engaging in any treatment or diagnostic test that involves an additional fee.

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Print Name

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Signature

\_\_\_\_\_  
Date